



# SCHEDULE

CROSSFIT-GRENZE.DE  
REINHARDTSTRASSE 29 | BERLIN MITTE

	MON	TUE	WED	THU	FRI	SAT	SUN
7:00	●						
8:00	●						
9:00							
10:00	●						
11:00	●						
12:00	●						
...							
17:00	●						
17:30	●						
18:00	●						
18:30	●						
19:00	●						
19:30	●						
20:00	●						



CrossFit



Meton



Gymnastics



Yoga



Mobility



Olympic Weightlifting



Basic



Endurance